

Editorial

It is with great pleasure that we are releasing the next issue of the journal. This issue features two original research articles, two reviews and one short communication.

The first article highlights the extent, common types and the impacts of negative peer pressure and bullying among adolescents within the school environment. The results of the study show a high degree of different types of bullying and its effects on a growing child. This article is an eye opener for the school authorities and parents to be aware of this problem and to minimize such incidences in schools. The children too should develop the skills of avoiding such peer pressure and be with the close friends in school.

The second original article is a study to determine the distribution and correlates of body mass index among the elders in Colombo district. The study concluded that there is a double burden of malnutrition among the elders studied and it highlights the need for public health intervention programmes to improve the nutritional status of the elders.

Next we have two very important review articles of important which highlights the problem of chronic kidney disease of unknown etiology, a much debated topic in the recent past and a very comprehensive review on air pollution which is a challenge in developing countries. The authors have reviewed several articles with the health outcomes and the results of the research findings.

Finally, we have a short communication on work related musculoskeletal disorders among mail sorting officers in Sri Lanka. The authors have highlighted that musculoskeletal disorders are a major cause of morbidity and disability with a substantial economic impact to the country.

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